



The Elizabethan.

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TRAINING.

It is not of uncommon occurrence to hear a man say, 'How was it that So-and-so did not win the Mile?' and in reply he will be told, 'Oh! he *overtrained*.' Or again, 'What was the reason that Cambridge was so shamefully beaten in the race?' and a knowing friend will tell him that the crew was '*overtrained*.' Now it seems almost a contradiction in terms to speak of a man or boy as '*overtrained*.' The object of training is to render him capable of performing some athletic feat with greater ease than if he performed it without extraneous aid. There must be something radically wrong either in the subject or method if the training undergone, instead of conducing to the desired end, results in the utter discomfiture of him who undergoes it. And such is found to be the case; but the fault is more often that of the method than of the subject. The system, as handed down from past generations, lays itself open to numerous objections, and its extravagant details have by degrees been reduced

in number when viewed in the light of common sense. But there still remain countless points which, if considered as means to produce the desired end, must fail to recommend themselves to practical minds. We remember, not so many years ago, when we were still under the shadow of the old Abbey, it was considered to be of essential importance on the eve of the 'sports' that the body of the runner should be fitted for the coming struggle by being well rubbed with oil! This, it was understood, was done to render it supple. Such is a specimen of those ridiculous notions current as to training while at school. The real fact of the matter is that a schoolboy needs no training. That is, he is as a rule in such a perfect state of training while at school, from regular habits and plain diet, that half the masonic practices indulged in are merely superfluous. Of course it is not agreeable to be told this, for the employment of them adds a spice to the whole affair. The schoolboy will undergo privation and exertion to qualify himself for a race, and this is an earnest spirit by no means to be held lightly in esteem; but the system, from the sublime, be-

comes ridiculous if he adopts each passing freak of the hour, whether it be, or be not, plainly conducive to his purpose. What is the main object of that wide lemon-sucking which is a prominent feature of our 'sports'? The origin was probably some piece of advice given to the effect that, if a runner be thirsty before a race, he should take a little lemon juice in preference to water, which is heavy to carry. But now it is become the fixed idea that the larger the lemon sucked dry before starting, the better will be the wind of the runner who has sucked it. A very good runner at all distances was with us at school, and he was intensely desirous to do his best that October 'up fields.' He saw one of his fellows in possession of some dog biscuits which he had just bought. 'What are those?' said he. 'They are first rate for training,' said the other. 'Give me one.' 'By all means,' was the reply, and the next morning our fast-footed friend was found smacking his lips over the remains of his questionable meal. He won some half-dozen prizes, chiefly cups, and perhaps to this day thinks of his generous friend with gratitude, as having supplied him with the food best calculated to produce a good wind and firm muscles. Here we have an ordinary example of exhibitions of faith so common amongst devotees of the science of muscularity. Under the old régime raw beef-steak, administered at intervals, accompanied by a toilsome run before breakfast, was considered the correct system upon which to work. Now the plan is modified. Raw meat is found to be indigestible, and excessive exercise upon an empty stomach is physiologically bad for health. The real folly of a bad system is seen more distinctly at the University. There some two hundred men twice a year undergo an arduous training for nearly a month for the College Boat Races. They suddenly begin to train and break off their customary habits. They consume considerably more meat than they would consider wholesome in ordinary circumstances, and they do not as a rule perform work in proportion to this change. Each man is in the constant society of the seven others, who with him form a particular crew during the whole time of recreation. All smoking, which perhaps with many has become a daily necessity, is utterly forbidden, without a thought given to the effect which its sudden surrender may produce. The monotony of their life is unrelieved. No wonder that many break down before the actual races, and men, feeling heavy and unfit for exertion, are often heard to exclaim on the last night of the race week, 'Thank goodness!

it is the end of training.' After this long spell of strained life they, without notice, fall back again into their usual course. The evening after the last race is spent in a gigantic college 'wine' in honour of their success, and this coming upon the top of the training is the last straw which breaks their back. The system is a bed of Procrustes, and, although it is the reverse of satisfactory, there is but rarely any material variation in it. The old saying of a Roman Emperor, that a man by the time he is thirty is either a fool or a physician, might be said with truth of men long before that age, and truly in many such practices as those to which we have alluded, great is the folly of the man who does not detect the attendant mischief. Training carries with it certain inseparable ideas in the minds of many, the main feature of which is that, the more disagreeable the practice, the better calculated it is to produce pace or strength. The truth is that exercise of mind and body should go hand in hand. It has often been remarked that the best mental work is done when the body is in the best condition. Regular habits and regular meals of digestible substances are indispensable. Exercise, whether it be running or rowing, should not be taken when the body is fatigued or unnourished, and overexertion should be avoided. Half the food tabooed by consent as bad for training is, on the contrary, if taken in moderation, singularly beneficial. To sum up: regularity and temperance should be the rules of the athlete's life.

These remarks may seem commonplace; but they are, we think, very necessary. The health of more men is damaged yearly by mistaken notions on an all-important subject, than perhaps by anything else. We read of broken health and brain fevers from overwork by earnest readers; but the damage from excessive bodily exertion, as a rule, shows itself more slowly, and is not so plainly attributable to its real causes. Consequently it is not so much noticed. So long as an athletic spirit is, as it is now, shown far and wide throughout the kingdom: so long as various muscular sports are practised—and we should be the last to decry them in the abstract—so long must this bodily damage be done. It is in mistaken theories and practices that a great part of this damage lies; and till the system be universally reformed and regulated by the rules suggested by practical sense, which adapts the proper means to attain the proper ends, the athletic world will labour under a deserved charge of inconsistency.

As we said earlier in this paper, the school-

boy is by nature a trained being; the question does not therefore touch him so acutely as it does his elder brethren. Still there is much of importance to be observed even by him. Success in athletic games forms a part of the well-being of a great school, both viewed internally and externally, just as success in scholarship, only in a smaller degree. It is a great mistake, and we fear it is not uncommonly made, to think that a public school does its duty if it turn out a certain number of good classical and mathematical scholars. Of course this is its first duty, and if it failed in this it must be considered to have neglected the object which its grand old founders laid down for it centuries ago. But if, while it is the custom to encourage the study of the 'more humane arts,' it is also the custom to snub and crush out the legitimate devotion to athleticism manifested by its members, then we say boldly that that school is equally failing in what was expected of it by those who made it, and by those who have its best interests dearest to their hearts. 'Waterloo was won in the playing fields of Eton,' said the greatest General of modern times; and courage and patriotism, two of the best points in English character, are fostered by the earnest pursuit of muscular occupations, to fit himself for which the schoolboy is sufficiently 'trained' if he conduct himself temperately, and in obedience to the rules and regulations laid down for him.

J. O.

CRICKET.

T.BB. v. Q.SS.

THIS match, as usual, the last of the season, was played on Monday, August 5, and resulted in a draw, as it had to be left unfinished. Had there been more time the result would probably have been very equal, as Hemsley and Boyd, who were well set, would probably not have been run out if they had not been pressed for time, and the Queen's Scholar bowling and fielding were getting very loose. Reece, in spite of his small size, played a remarkably good and plucky innings of 41 for the Queen's Scholars; Benbow also played well, but was unfortunately run out when he was getting well set. Abernethy and Wilks, especially the former, played well for the Town Boys, as did also Hemsley and Boyd in the second innings.

QUEEN'S SCHOLARS.

1st Innings. 2nd Innings.

*R. S. Owen, b. Wilks	1	run out	3
G. H. Reece, c. Fulcher, b. Westmorland	41	c. Janson, b. Hemsley	0
*G. Dale, b. Wilks	4	b. Hemsley	9
*H. C. Benbow, run out	25	c. Janson, b. Hemsley	5

*W. F. G. Sandwith, b. Hemsley	0	b. Wilks	0
*E. U. Eddis, b. Hemsley	4	b. Wilks	0
*E. P. Guest, b. Wilks	25	b. Janson	23
C. Sandwith, b. Janson	5	not out	8
W. Sercombe, c. Fulcher, b. Wilks	17	c. Mirehouse, b. Janson	9
T. D. Rumball, not out	3	b. Janson	15
F. R. Clarke, b. Wilks	0	b. Janson	1
Extras	3	Extras	7
Total	128	Total	80

TOWN BOYS.

1st Innings.

2nd Innings.

*J. Abernethy, b. Owen	32	b. Sandwith	3
*H. S. Westmorland, c. Owen, b. Eddis	0	c. Benbow, b. Dale	2
A. B. P. Boyd, c. & b. Eddis	3	run out	21
*A. M. Hemsley, c. Dale, b. Eddis	6	run out	31
*C. V. Wilks, b. Owen	18	not out	3
*F. W. Janson, c. Benbow, b. Owen	0	b. Sandwith	1
H. N. Robson, b. Sandwith	4	not out	1
P. Fulcher, run out	11	Extras	8
H. Wetton, b. Owen	0	Extras	70
F. Learmonth, c. & b. Sandwith	3		
G. Mirehouse, not out	3		
Extras	14		
Total	94		

We have had a fairly successful season, having played fifteen matches, of which we won ten and lost five. The bat for the highest average was taken by Hemsley, with an average of 30.3; the ball for the best bowling average by Wilks, with an average of 6.67.

* In the Eleven.

WATER.

T.BB. and Q.SS. BOAT RACE.

THIS race was rowed on Wednesday, July 31, and resulted in an easy victory for the T.BB. It was fortunately a beautiful day, and a great many fellows went up by train or steamboat to Hammersmith to see the race. The eights went up to Battersea in the launch, got into the boats at Coates's, and paddled easily up to Putney Bridge. Two or three barges swinging round with the tide, which had just turned, rather impeded the boats at the start, but they got off well together. The Town Boys were rowing a longer stroke than the Queen's Scholars, and seemed to be pulling together much better; the boats, however, kept very level as far as the Point, where the T.BB. began to gradually draw ahead; opposite the Crab Tree Bere took the Q.SS. inside a barge, when his course undoubtedly lay outside it, and thereby lost his boat some distance; the Q.SS. seemed quite to lose heart here, and the Town Boys pulled under Hammersmith Bridge winning easily by ten lengths. The steam launch accompanied the boats in the race, carrying the Rev. H. B. Gray, who kindly officiated as umpire, several other masters, and a few of the non-rowing fellows. Cuppage, we think, rowed rather too fast a stroke throughout, and to this, perhaps, the

defeat of his crew is due to some extent. The steering of both boats was rather erratic. The T.B.B., however, were no doubt the better crew and thoroughly deserved their victory.

The crews were :—

SURREY STATION.

Town Boys.

Bow. H. S. Westmorland.
2. F. Learmonth.
3. J. C. Frere.
4. J. M. Stuart-Edwards.
5. W. G. Bell.
6. A. M. Hemsley.
7. W. H. Ritchie.
Str. C. Campbell.
Cox. W. A. Burridge.

MIDDLESEX STATION.

Queen's Scholars.

Bow. W. Bury.
2. A. A. Sikes.
3. S. H. Godfrey.
4. F. E. Cobby.
5. H. Lowry.
6. F. R. Clarke.
7. H. W. de Sausmarez.
Str. W. A. Cuppage.
Cox. S. Bere.

ATHLETIC SPORTS.

OUR annual Athletic Sports took place on Thursday and Friday, October 17 and 18. We enjoyed, strange to say, fine weather on both days, though the first was rather foggy. The number of visitors was quite as large as in former years; Old Westminsters and friends of the School mustering in large numbers, on the second day especially. We were much indebted, as in former years, to the Old Westminsters who kindly helped us—H. Curteis, W. S. Rawson, R. J. Boyd, and E. A. Northcote.

The Committee were W. G. Bell (Hon. Treasurer), O. Bury, F. R. Clarke, W. A. Cuppage (Hon. Sec.), H. Lowry, H. S. Westmorland, and C. V. Wilks.

The following is an account of the various events :—

THURSDAY.

1. THROWING THE CRICKET BALL. Under 15.

The throwing this year was not quite up to last year, but still was very fair. Wetton, 1; Higgins, 2. Distance 73 yards 8 inches.

2. FLAT RACE. One mile. Open to all. Challenge Cup.

This year fifteen (two more than last year) came to the scratch. A very fair start was obtained. The first quarter was run rather faster than usual, Boyd passing the post first in 63 secs.; the next were Eddis and Aston. Eddis took the lead in the next lap, running the half-mile in 2 min. 31 secs. Westmorland and Stephenson had been keeping close to one another all through, and the former now took the lead, which he kept, a yard or two in front of Stephenson, until about 200 yards from home, when Stephenson passed him and came in the winner by about six yards. Eddis was third, twenty yards behind, and Guest fourth. W. Stephenson, 1; Westmorland, 2; Eddis, 3; Guest, 4; G. Ogle, 5; Aston, 6; Boyd, 7; W. Bury, 8; De Sausmarez, 9; P. Fulcher, 10; Markham, 11; Rumball, 12; Short, 13; Squire, 14; G. Stephenson, 15. Time, 5 min. 11½ secs.

3. THROWING THE CRICKET BALL. Open to all.

Only five tried for this. Robson, 1—89 yards 8 inches; Owen, 2; Boyd, 3; Eddis, 4; W. Sandwith, 5.

4. FLAT RACE. 100 yards. Under 15.

Thirteen started for this. Jeffcock went to the front at once, and won by 3 yards; Horne was second and Munro third.

5. LONG JUMP. Open to all. Challenge Cup.

The distance cleared was exactly the same as last year. Stuart-Edwards, who jumped 17 feet 4 inches, beat F. R. Clarke by an inch. Stuart-Edwards, 1; F. R. Clarke, 2; Acton, 3; Coke, 4; Cuppage, 5; De Sausmarez, 6; P. Fulcher, 7; German, 8; Guest, 9; Owen, 10; Ritchie, 11; Rumball, 12; W. Sandwith, 13; Strick, 14; Westmorland, 15.

6. FLAT RACE. 440 yards. Under 16.

Sixteen started. Coke led for the first half of the course, Boyd then took up the lead as far as the straight, when Squire passed him and won by 3 yards. Squire, 1; Boyd, 2; W. Bury, 3; Burridge, 4; Coke, 5; P. Fulcher, 6; E. Frere, 7; A. Heath, 8; Hoskins, 9; Horne, 10; James, 11; Jeffcock, 12; Munro, 13; G. Ogle, 14; Short, 15; G. Stephenson, 16.

7. HURDLE RACE. 100 yards. Over 8 flights of Hurdles. Open to all. Challenge Cup.

In consequence of the number of starters, fourteen, four first heats had to be run. The results were :—

Heat 1. O. Bury and De Sausmarez, dead heat.

Heat 2. Ritchie and W. Sandwith, dead heat.

Heat 3. Stuart-Edwards, 1; Rumball, 2.
Stuart-Edwards won by a yard and a half.

Heat 4. Beaumont, 1; Strick, 2.
Beaumont beat Strick by about two yards.

8. HIGH JUMP. Under 15.

Waterfield, who jumped in decidedly the best style, won this with 4 ft. 1 in.; Wetton was second, 3 ft. 10½ in.; Horne, 3.

9. SECOND HEATS OF THE HURDLE RACE.

Heat 1. Ritchie, 1; Rumball, 2; O. Bury, 3; Beaumont, 4.

Heat 2. De Sausmarez, 1; Sandwith, 2; Stuart-Edwards, 3; Strick, 4.

10. FLAT RACE. 300 yards. Under 14.

D. Lynch led until within a few yards of the tape, when Rogers passed him and won by a yard. Rogers, 1; D. Lynch, 2; A. Heath, 3. Time 46½ secs.

11. HIGH JUMP. Open to all.

This was a very good contest between De Sausmarez and Wilks, both of whom failed to clear 5 ft. 0¾ in. after clearing 4 ft. 11½ in. At last, in his fifth try, De Sausmarez cleared it and won. De Sausmarez, 5 ft. 0¾ in., 1; Wilks, 4 ft. 11½ in., 2; O. Bury, 3; Coke, 4; Cuppage, 5; W. Sandwith, 6; Stuart-Edwards, 7.

12. FLAT RACE. 100 Yards. Under 16.

Squire led from the first and won by 10 yards. Squire, 1; Boyd, 2; Coke, 3; Bird, 4; P. Fulcher, 5; E. Frere, 6; James, 7; Munro, 8; G. Ogle, 9; Sandwith, 10.

13. FINAL HEAT OF THE HURDLE RACE.

This was a capital race between Ritchie and De Sausmarez, the former winning by about a yard. Ritchie, 1; De Sausmarez, 2; W. Sandwith, 3; Rumball, 4. Time 16½ secs.

FRIDAY.

1. THROWING THE HAMMER. Open to all. Challenge Hammer.

The throwing this year was very feeble. Owen, who won, could only manage to throw 67 ft. 6 in. Owen, 1; Ritchie, 2; De Sausmarez, 3; F. G. Clarke, 4; J. Frere, 5; Markham, 6; Rumball, 7.

2. HALF MILE, with Hurdles at the End. Challenge Cup.

This race is always one of the best of the day, and this year it was no less so than in former years. F. R. Clarke and Westmorland made the running for the first quarter, the former doing it in 58 secs. Peck then led up to the hurdles, when he gave in, and Stephenson came up and won easily. Langhorne and Bury made a good race for second place. W. Stephenson, 1; Langhorne, 2; O. Bury, 3; Boyd, 0; F. R. Clarke, 0; De Sausmarez, 0; Eddis, 0; Guest, 0; Rumball, 0; Strick, 0; Westmorland, 0. Time 2 min. 33 $\frac{1}{4}$ secs.

3. LONG JUMP. Under 15.

This was not very good this year. Munro and Wetton made a good fight for first place, the former winning by a couple of inches. Munro, 1; Wetton, 2. Distance 13 ft. 2 $\frac{1}{2}$ in.

4. FLAT RACE. 150 Yards. Under 13.

Sutherland, 1; Winstanley, 2; L. Gilbertson, 3. Time 17 $\frac{3}{8}$ secs.

5. POLE JUMP. Under 16.

Brandon jumped very well, clearing 7 feet. Coke was second.

6. FLAT RACE. 100 Yards. Open to all. Challenge Cup.

This was a capital race. Stuart-Edwards, who was the favourite, did not get a good start, but took up the lead at about half the distance, and won by a yard, Frere being about a foot in front of Clarke. The time was better than it has ever been at Westminster. Stuart-Edwards, 1; J. C. Frere, 2; F. R. Clarke, 3; O. Bury, 0; De Sausmarez, 0; Guest, 0; Ritchie, 0; W. Sandwith, 0; Squire, 0; W. Stephenson, 0; Westmorland, 0. Time 10 $\frac{1}{8}$ secs.

7. FLAT RACE. 440 Yards. Under 15. Challenge Cup.

Jeffcock led all the way and won easily. Munro and Horne raced well for second place, the former getting it by a yard. Jeffcock, 1; Munro, 2; Horne, 3. Time 67 secs.

8. POLE JUMP. Open to all.

The jumping this year was not nearly so good as it has been in previous years. G. Dale, the winner, could only manage to get over 7 ft. 6 $\frac{1}{2}$ in. G. Dale, 1; Cuppage, 2; Brandon, 0.

9. HURDLE RACE. 100 Yards over Eight Flights of Hurdles. Under 15.

This was run in two heats. The final heat resulted in a tie between Jeffcock, Horne, and Munro, all three breasting the tape together. On being run off the result was—Jeffcock, 1; Munro, 2; Horne, 3. Time 18 $\frac{1}{8}$ secs.

10. FLAT RACE. 440 Yards. Open to all. Challenge Cup.

(Winners of the Mile and 100 Yards excluded.)

Cobby made the running for the first 200 yards, when Clarke came to the front and won by 10 yards from Westmorland, who was only about a yard in front of Bury. F. R. Clarke, 1; Westmorland, 2; O. Bury, 3; Adams, 0; Boyd, 0; W. Bury, 0; Cobby, 0; Cuppage, 0; De Sausmarez, 0; Frere, 0; Guest, 0; Langhorne, 0; W. Sandwith, 0; Squire, 0; G. Stephenson, 0; Wilks, 0. Time, 58 secs.

11. BICYCLE RACE. Two miles. Handicap.

A. Soames kept the lead very pluckily until the last quarter, when Steggall passed him, and W. Brandon and Soames made a very good race for second place. These two rode very well indeed, considering their size. Steggall's riding, on such a rough course, was wonderfully good. Steggall (52 in.), scratch, 1; A. Soames (46 in.), 440 yards, 2; W. Brandon (48 in.), 250 yards, 3; Ritchie, 0; Sikes, 0; Hart, 0; P. Fulcher, 0; H. Benbow, 0; H. Munro, 0; W. Bury, 0. Time, 9 min. 7 $\frac{1}{2}$ secs.

12. OLD WESTMINSTERS RACE. 150 yards.

This was one of the best races of the day, Macnamara and Leggatt being almost level all the way, the former winning by a foot. C. C. Macnamara, 1; A. Leggatt, 2; E. R. Frere, 3.

13. CONSOLATION RACE. 300 yards.

Peck won easily by quite fifteen yards. Peck, 1; Rumball, 2; Cobby, 3.

14. TUG OF WAR.

(Twelve Town Boys v. Twelve Queen's Scholars.)

The last event was the Tug of War, which this year makes its first appearance on the card. In the first pull the Town Boys got a good start, and gradually pulled the Queen's Scholars over. The second, however, was far more evenly contested. The Queen's Scholars got the best at the beginning, and at one time it seemed as if they were going to pull their antagonists over; but the Town Boys rallied, and at last, after a long struggle, managed to get Owen, who was the Queen's Scholars' first man, over the line. The two teams were very fairly matched in point of weight, and great excitement was manifested among the onlookers. I think we may say that so much shouting has not been heard in Vincent Square for a long while. The winning team were W. G. Bell, O. Bury, F. G. Clarke, Campbell, J. C. Frere, Newington, Palmer, Ritchie, Robson, Stuart-Edwards, Westmorland, and Wilks. The Q.S.S. were Cobby, F. R. Clarke, Cuppage, De Sausmarez, Eddis, Godfrey, Guest, Langhorne, Markham, Owen, Rumball, and Sikes.

After the proceedings were concluded, Mrs. Scott distributed the prizes to the successful competitors, in front of the bat room. We may here thank the Masters for their valuable additions to the prize list.

Three cheers for Mrs. Scott were then called for by the Captain, and were heartily given. Dr. Scott returned thanks in a capital speech, in which he reviewed the circumstances of the School, and spoke of the 'Tug of War' for existence between Westminster and the outside world which has been going on of late. Three cheers were then given for the Old Westminsters, for whom Northcote returned thanks in a very neat speech, and asked for three cheers for the Ladies, a request which was responded to with great vigour. Here ended the athletics of 1878, which went off, we believe, without a hitch and to everyone's satisfaction.

FIELDS.

NINE v. FIFTEEN.

This was the first match of the season, and was played on a nasty, wet, stormy afternoon. Play commenced at 3.15. Cuppage won the toss and kicked off from the Hospital end, with the wind, which at first gave the Nine rather the best of it and puzzled the Fifteen backs. A goal was, however, shortly obtained for the Fifteen by Langhorne, from a throw in, just before half-time. The Nine now determined to make matters even, and through the combined efforts of Guest, Westmorland, Benbow, and Cuppage, the last named scored a goal. Nothing was effected on either side, so the game ended in a draw. For the Nine, Benbow and Cuppage among the forwards, and Whitehead and Eddis among the backs, played well. For the Fifteen, Janson, G. Stephenson, and Robson were most conspicuous.

THE NINE.

W. A. Cuppage, H. C. Benbow, H. S. Westmorland, E. Eddis (half-back), W. F. Sandwith (goals), W. Ritchie (back), W. Stephenson, E. P. Guest, A. Whitehead (half-back).

THE FIFTEEN.

F. R. Clarke (half-back), Stuart-Edwards (half-back), Robson (back), G. Dale, Owen (back), Sikes, Reece, Langhorne, H. Ingram, G. Stephenson, Strick (goals), Petrocochino, Tepper, Janson, and W. Bury.

ELEVEN v. TWENTY-TWO.

This match was played on Wednesday, October 16, the day before the Sports, and ended in an easy victory for the Eleven by five goals to none. For the Eleven all played hard, Benbow, Cuppage, and Westmorland among the forwards, and Robson among the backs, being especially good. Batley and G. Stephenson played well for the Twenty-two. The goals for the Eleven were kicked by Bury (2), Cuppage (2), and Benbow.

THE ELEVEN.

W. A. Cuppage, H. Benbow, O. Bury, H. S. Westmorland, E. U. Eddis, W. Sandwith, W. Ritchie, A. C. Whitehead, G. Dale, F. Janson, H. Robson.

THE TWENTY-TWO.

F. R. Clarke, Stuart-Edwards, Batley, Jones, Sikes, Owen, Tepper, W. Bury, Boyd, E. C. Frere, Burridge, G. Stephenson, German, Acton, C. Sandwith, Bain, P. Fulcher, Strick, F. G. Clarke, Chamot, H. Ingram, and Mirehouse.

WESTMINSTER v. GITANOS.

The club which we played last year for the first time, under the name of Runnymede, consisted of old Etonians. This year they joined themselves to the old *Gitano* club, which we also used to play, and have now assumed that name. On Saturday, October 19, we played them, it being our first foreign match, and it turned out a successful one for Westminster. At 3.12 Sedgwick kicked off from the Hospital end, and very soon two corner kicks were obtained, but the ball was carried away again by our opponents. At length Benbow, after a good run down, sent the ball under the tape and secured our first goal; and in another five minutes a second goal was obtained, again kicked by Benbow. The Gitanos now began to play up, and from a scrimmage in front of our posts Poland got their first goal. After half-time we, who had rather the best of the game, penned our opponents, and Cuppage added a third goal to our score. The Gitanos now tried to make matters better, and Govett shot their second and last goal. Benbow's play for the eleven was all that could be desired. Westmorland, as he always does, played with great dash. For them, Govett, Daly, and Poland played best. Sandwith's goal-keeping for us was very good, saving two shots splendidly.

WESTMINSTER.

W. A. Cuppage (captain), H. C. Benbow, O. Bury, H. S. Westmorland, W. F. G. Sandwith (goals), E. U. Eddis (half-back), W. H. Ritchie (back), R. S. Owen (back), W. Stephenson, A. C. Whitehead (half-back), and F. W. Janson.

GITANOS.

H. B. Sedgwick (captain), E. C. Bambridge, C. W. Daly (half-backs), E. H. Bambridge, A. G. Churchill (backs), — Shephard (goals), G. M. Nugee, W. Carr, F. L. Govett, H. Poland, and S. H. Goodhart.

WESTMINSTER SCHOOL v. HOUSEHOLD BRIGADE.

This match was played on Wednesday, October 23, and after a very pleasant game resulted in a victory for us by six goals to none. Our visitors were rather at a disadvantage through not clearly knowing the rules of the game, being most of them old Etonians. It was soon clear that we were the better eleven, and in the first half-time we scored 2 goals, kicked by Cuppage and Guest. Our opponents, who were not in very good training, now began to suffer from want of wind, and we soon put four more to our score, kicked by Cuppage, Benbow (2), and Stephenson. The ground was in a very slippery state, as it had been raining hard all the morning. Whitehead, Cuppage, Benbow, and Westmorland did most work for us. The sides were :—

HOUSEHOLD BRIGADE.

Lieuts. J. H. Reynolds, C. J. Sinclair, H. A. Amherst, C. Daley, H. C. Surteis, Sir J. Drummond, J. Leslie, J. Warrener, H. Barnett, Hon. W. Brownlow, and W. O. Corbet.

WESTMINSTER.

W. A. Cuppage (capt.), H. C. Benbow, O. Bury, H. Westmorland, W. F. G. Sandwith (goals), E. U. Eddis (half-back), W. H. Ritchie (back), R. S. Owen (back), W. Stephenson, E. P. Guest, and A. C. Whitehead (half-back).

WESTMINSTER SCHOOL v. HERTFORD RANGERS.

This match was played on Saturday, October 26, and ended in a draw, three goals being obtained for each side. We won the toss, and chose to defend the Hospital goals. The game throughout was very even and very fast. For some time no scores were recorded, until at last Cuppage ran the ball down, well backed up by Benbow and Westmorland, and secured our first goal. The Rangers now played up hard, and were rewarded for their efforts by obtaining a goal. Nothing then occurred until just before half-time, when Guest and Janson between them managed to get a second goal for us in a scrimmage in front of the Rangers' posts. Some good runs were made then for the Rangers by Sparkes and Barker, and soon another goal was scored to their advantage, again making matters equal. Our fellows now played up capitally, and Cuppage sent the ball for the third time between our antagonists' posts, the ball being beautifully middled to him by Benbow, who, with Westmorland, played magnificently throughout the game. The victory seemed now to be in our hands, but just a few minutes before the call of time Maynard kicked the third goal for the Rangers. The ball had gone behind the posts previously to the shot, but was not so given by the umpire, though it was evidently a good foot behind. For us Cuppage, Westmorland, and Benbow, forwards, played capitally; while Whitehead, who was given his 'pinks' after the match, played back very well. For the Rangers, Barker, Sparkes, and Maynard played best. Sandwith's goal-keeping for us deserves great praise.

Our eleven was W. A. Cuppage (captain), H. C. Benbow, O. Bury, H. S. Westmorland, W. F. G. Sandwith (goals), E. U. Eddis (half-back), W. H. Ritchie (back), A. C. Whitehead (half-back), H. N. Robson (back), E. P. Guest, and F. W. Janson.

WESTMINSTER SCHOOL v. SOUTH NORWOOD.

This match was played on Wednesday, October 30, and ended in a victory for the School by one goal to none. Westminster won the toss and White kicked off for South Norwood from the Hospital goals. The ball was then quickly carried down to our opponents' quarters and remained there for some time, until, just before half-time, Guest put it between the South Norwood posts. After the change of ends, Cuppage sent the ball through our opponents' goal for the second time, but unluckily, after a call of 'hands' had been given in our favour,

we were unable to put it through again. The South Norwood team did all they could to equalise matters, but failed in their efforts. White and Ram among the forwards, and Leeds and Fox among the backs, were conspicuous for them, while for us Cuppage, Benbow, and Westmorland, forwards, and Eddis and Ritchie, backs, did most work.

WESTMINSTER.

W. A. Cuppage (captain), H. C. Benbow, O. Bury, H. S. Westmorland, W. F. G. Sandwith (goals), E. U. Eddis (half-back), W. H. Ritchie (back), A. C. Whitehead (half-back), H. N. Robson (back), E. P. Guest, and F. W. Janson.

The lists of the teams which played against us for the Hertford Rangers and for South Norwood have unfortunately been lost, and therefore we are unable to publish them.

The Matches which are at present arranged to be played are :—

November 16,	v. Clapham Rovers.
" 20,	v. Wanderers.
" 23,	v. Sandhurst.
" 30,	v. Old Foresters.
February 5,	v. Clapham Rovers.
" 8,	v. Gitanos.
" 12,	v. Wanderers.
" 22,	v. Charterhouse.
March 8,	v. Hertford Rangers.
" 15,	v. Old Foresters.
" 19,	T.B.B. v. Q.S.S.
" 22,	v. Old Harrovians.

School Notes.

THE second prize for the Ireland Latin verse was given to W. A. Peck, Q.S. No first prize was given. The subject was 'Cyprus.'

The Mure Scholarship has also been awarded to W. A. Peck. The examiner was the Rev. H. L. Thompson, M.A.

Wonderful to relate, we have again had fine weather on both days of the Sports!

We are glad to see that new wire has been put up to protect the windows on the Racquet Courts. It will be a hard matter now to break them.

Football has again commenced in Green, which is, of course, fast losing its verdant appearance.

The Play this year is to be the 'Phormio.'

The subject for the Gumbleton English verse this year is 'Rienzi, the Last of the Tribunes.'

We regret to say that Mr. Marklove has been deterred by indisposition from taking his usual place in school.

Dr. Scott has given permission for the houses to have distinguishing colours for cricket and football.

A. C. Whitehead has been given his 'pinks.' In the eleven now are W. A. Cuppage (Captain), H. C. Benbow, O. Bury, H. S. Westmorland, W. F. G. Sandwith, E. U. Eddis, W. H. Ritchie, and A. C. Whitehead. There are thus still three vacancies.

Obituary.

We regret to have to record the death of Mrs. JAMES, on September 28. Her unflinching kindness will always be gratefully remembered by all who were in any way connected with her. The first part of the funeral service was celebrated in the Abbey on Saturday, October 5, and was attended by all the members of the School.

The death is announced of an Old Westminster, Dr. HERBERT KYNASTON. He was born in 1809, and educated at the School as a Queen's Scholar. He acted the part of *Phaedria* in the 'Eunuchus' here in 1826. He was elected to Christ Church in 1827, and there obtained the prize for Latin Verse. He took his degree in 1831, being put into the first class. He was given, in 1838, the High Mastership of St. Paul's School, in which post he was most successful for more than thirty years. He died on October 26, in the sixty-ninth year of his age. He was also a Prebendary of St. Paul's.

Correspondence.

To the Editor of 'The Elizabethan.'

SIR,—In reply to Captain Astley Terry's interesting questions in your last number, it may be well, first, to remark that both the adoption and change of mottoes as appendages to coats of arms usually proceed upon somewhat arbitrary principles, and are certainly matters in regard to which the College of Heralds declines to take much cognisance. Hence it is often difficult to fix the exact date at which in any case this or that motto began to be used.

1. It seems probable that the 'Dat Deus incrementum' was the earliest motto adopted by the School, as it is certain that *no* motto appears in many of the School books which were printed with the coat of arms in the years before the 'Dat Deus incrementum' appears. I possess a copy of the 'Græcæ Grammatices Rudimenta,' dated 1671 (i.e. ninety years earlier than Captain Terry's edition), which has the quaint woodcut of the School arms, but *no* motto.

2. Then as to Capt. Terry's editions of 'Grammatici Busbeiana,' 1732 and 1734, there is no doubt that at that time the use of the 'Dat Deus incrementum,' as an appendage to the arms, had been formally adopted. Possibly this motto was first used at some epoch in the School's history when an important *enlargement*, or *improvement*, had just taken place; and it is a coincidence worth remarking that the year 1732 is the exact date usually given of the completion and opening of the New and present Dormitory for the Q.S.S., which had been begun in 1722. (See account in 'Alumni Westmonast.,' page viii of Preface to 1st edition, and pages 276 and 277 of the work itself.)

3. The motto 'Memores fecere merendo,' which is appended to the arms in the 'Comitia Westmonasteriensium,' 1728, is probably a special one, used only for that book, and obviously appropriate to its contents.

4. The later and general substitution of 'In Patriam Populumque,' so strangely severed from, and used without regard to, its Horatian context and meaning, has recently been discovered by the present Headmaster to have been adopted during the Headmastership of Dr. S. Smith—i.e. between 1764 and 1788—a wide margin which can be immediately narrowed by reference to Capt. Terry's edition of 'Short Introduction to Grammar,' dated 1770, in which volume, he says, the arms are printed with the later motto, as above mentioned. It is known that the discarding, at or about that time, of the 'Dat Deus Incrementum,' and the substitution of the 'In Patriam Populumque,' caused considerable offence to many of the older Westminsters of the day.

It has been generally supposed that the latter motto was introduced when the School became a great Whig School, so that the new motto would carry with it a political meaning; but it may have been only intended to mark the wider connection, which the School gained at the time, with the State, with the Army and Navy, and specially with India, as distinct from its older and more exclusively academic connection.

The recent return to the older motto, which the present Headmaster has carried out, must on most grounds be deemed to have been an improvement.—Yours very truly,

OLD Q.S.

To the Editor of 'The Elizabethan.'

SIR,—It is a common thing to hear members of the School complaining of *The Elizabethan*: 'There is nothing in it,' 'It is not worth reading,' &c. &c. Let me suggest that, if the members of the School were to give it more support, these abuses would soon be rectified. I do not mean monetary support, though in this way the state of things might be improved, but I mean that members of the School ought, as it is at every other school where there is a magazine, to contribute letters and articles to *The Elizabethan*. I was told the other day by one of the Committee of *The Elizabethan* that they rarely received so much as a letter from anyone in the School beyond themselves. There surely must be some fellows in the School who could write an article, if they tried, on some subject, and few who have not some pet grievance which could be aired in your columns. Let each of these try and write something, and the columns of *The Elizabethan* will be no longer devoid of interest.—I am, Sir,

OUTSIDER.

To the Editor of 'The Elizabethan.'

SIR,—I should like to suggest something which might improve the popularity of our Athletic Sports: I mean that a band might be engaged, if not for both days, at least for the second. A band is now to be found at the athletics of most large schools, and does a great deal towards enlivening the monotony which they always must present in some degree to visitors. Hoping that next year we may hear 'sweet music discoursed' up fields,—I remain, yours &c.

HARMONY.

To the Editor of 'The Elizabethan.'

SIR,—I wish to make a suggestion which, as far as I know, has not yet been proposed in your columns—that if possible a room should be provided in which fellows may be able to make experiments in natural science. This would be a great boon for those fellows who wish to improve their knowledge of the subjects on which they have received lectures.—I am, Sir, yours &c.,

WOULD-BE PHILOSOPHER.

To the Editor of 'The Elizabethan.'

DEAR SIR,—Would it not be possible to have the tug of war pulled off in ties by the houses, instead of having only T. BB. and Q. SS.? At most other schools where they have a tug of war it is done in that way. Upper Elections might count as one house, and Under Elections as another, as the Q. SS. would generally be able to beat any single house. Hoping that this suggestion may prove practicable,—I am yours &c.

ATHLETE.

Contemporaries.

We beg to acknowledge the receipt of *The Meteor*, *The Cliftonian*, *The Radleian*, *The Carthusian*, *The Ulula*, and *The Blue*.

NOTICES TO CORRESPONDENTS.

A SUFFERER.—Your letter is far too personal to be inserted.

O. W.—The matter you speak of is already amended.

The yearly subscription to *The Elizabethan* is 4s.

Post-office orders are to be made payable to W. G. BELL (Treasurer of *The Elizabethan*), 2 Little Dean's Yard, Westminster, at the Westminster Palace Hotel Post-office.

Contributions for the next number are to be sent in before November 20, to the Editor, St. Peter's College, Westminster.

All other communications are to be addressed to the Secretary, and on no account to the Editor or printers.

Copies of any of the back numbers of *The Elizabethan*, except No. 2, can be obtained of the Secretary, price 6d. each.

The Editor is not responsible for the opinions of his Correspondents.

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